



SYMPOSIUM OF PSYCHO-ONCOLOGY

FRIDAY, OCTOBER 14, 2022

PROGRAM



- 9.15-9.30 Welcome & Introduction
- Isabelle Merckaert, ULB & Institut Jules Bordet
- 9.30-10.30 Living with cancer: positive mental health and meaning making
- Karen Holtmaat, V.U. Amsterdam
- 10.30-10.45 Discussion
- 10.45-11.00 **BREAK**
- 11.00-12.00 Meaning-centered group psychotherapy: cultural adaptation, scientific evidence and implementation
- Karen Holtmaat, V.U. Amsterdam
- 12.00-12.15 Discussion
- 12.15-13.15 **LUNCH**
- 13.15-14.15 Meaning-centered group psychotherapy: a glimpse of the intervention protocol
- Karen Holtmaat, V.U. Amsterdam
- 14.15-14.30 Discussion
- 14.30 CLOSING





SYMPOSIUM OF PSYCHO-ONCOLOGY

SATURDAY, OCTOBER 15, 2022

PROGRAM



- 9.15-9.30 Welcome
- Isabelle Merckaert, ULB & Institut Jules Bordet
- 9.30-10.15 CALM introduction (theory, domains, psychotherapeutic concepts & scientific evidence)
- Emma Hafkamp
- 10.15-10.30 Discussion
- 10.30-10.45 CALM case study
- 10.45-11.00 Discussion
- 11.00-11.15 **BREAK**
- 11.15-11.45 Personal reflection and group discussion about death anxiety and the sense of meaning and purpose
- 11.45-12.00 Discussion
- 12.00-12.15 CLOSING

We would like to thank the SPF Santé Publique for its support!





OUR EXPERTS

Karen Holtmaat



Ph.D., Vrije Universiteit Amsterdam, Faculty of Behavioural and Movement Sciences, Department of Clinical, Neuro-and Developmental Psychology, Mental Health Assistant Professor.

Amsterdam UMC, Cancer Center Amsterdam, Treatment and Quality of life.

Emma Hafkamp



MSc., Clinical psychologist (GZ-psycholoog), EMDR therapist, yoga therapist, trainer & coach.





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